

Pet Health Essentials Checklist

A simple guide from Honest Pet Care to keep your dog or cat healthier, longer.

Daily	Fresh water available at all times
Daily	High-quality, age-appropriate food
Daily	Short play or enrichment session
Weekly	Brush coat (more often for long-haired breeds)
Weekly	Check ears for odor or discharge
Weekly	Clean food and water bowls
Monthly	Trim nails or check wear
Monthly	Dental chews or tooth brushing
Monthly	Weight and body-condition check
Quarterly	Flea/tick/heartworm prevention review
Quarterly	Inspect toys and bedding for wear
Yearly	Veterinary wellness exam + vaccines
Yearly	Bloodwork for senior pets (7+)
As needed	Update microchip and ID tags

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